

Pilates

Policies, Procedures and Fees

Registration:

First priority for registration is given to participants currently enrolled in classes. General registration is then done on a first come, first served basis 1-2 weeks prior to the beginning of a new session. Registration is held at Bodyworx Physiotherapy, either in person or via phone.

Payment and Refunds:

Payment is to be made at time of registration. We accept MasterCard, Visa, Debit, Cash. Please allow a minimum 24 hours notice for cancellations. Refunds will not be issued unless for medical reasons- doctor's note required.

Inclement Weather:

In the event of bad weather, please call our office @ 250.339.5540 to check for class cancellations and rescheduled dates of classes.

Make-Up Classes:

There is a maximum of 1 make-up class per person, per session. Make-up classes are not guaranteed and are dependent on availability.

*Make-up classes will only be offered if **notice of absence is provided at least 24 hours prior to the missed class, and do not carry over to the next session.**

Studio Etiquette:

*Please turn off cell phones.

*In consideration of others, the studio is a scent-free zone. Please be aware of any perfumed products and refrain from using before class.

*Please remove shoes before entering studio and leave on the mat outside studio door.

*Purses can be stored in the leather ottoman inside the studio, coats and kit bags can be hung against the wall in the chair room. Please refrain from bringing valuables to class.

*Please do not bring children to class.

*After class, please clean used equipment with the spray bottle and cloth provided and return any props to their proper storage place.

Punch Cards – Guidelines

Punch Cards can now be purchased at Bodyworx Physiotherapy for Pilates Classes. Cards are available in 6 or 12 punch options and can be used for regular scheduled classes or our holiday drop in classes. Enjoy the benefit of our reduced session-based pricing without the commitment to a weekly class!

Punch Cards will expire one calendar year from the date of purchase and are non-transferable. All Punch Cards are to be kept at the Bodyworx office. Must have previous reformer experience in order to purchase.

Booking:

All bookings are done on a first come, first served basis. Booking is dependent on class availability. Bookings can be made as early as the first day of a new session, or as late as same day - if availability permits. Please contact the office for availability.

Pricing:

Pricing aligns with registering for one (6 punch pass) or two (12 punch pass) classes a week within a same session.

Payment and Refunds:

Payment is to be made at time of registration. We accept MasterCard, Visa, Debit, Cash. Please allow a minimum 24 hours notice for cancellations. Refunds will not be issued unless for medical reasons- doctor's note required.

Cancellations and No Shows:

If you can not attend your class, please contact us with at least 24 hours prior to your class. In the case of insufficient cancellation notice or no shows, a punch will be taken off of your card for the reserved spot.

Thank you!**Class Fees:**

Based on a 6 Week Pilates Session:

One class per week: \$132.00 *

Two classes per week: \$245.00 *

Drop-in: \$25.00

***not including tax**